BIOLOGY DEPARTMENT
COLLEGE OF ARTS & SCIENCES
SILLIMAN UNIVERSITY
Building Competence, Character & Faith

Esteven Theodore A. Nacar
Faculty, Biology Department
Silliman University
June 22, 2026

Admissions Committee

Dear Members of the Admissions Committee,

It is my privilege to recommend Creselda V. dela Peña for admission to your medical program. I have had the opportunity to work closely with Creselda as her research adviser in her undergraduate course BS Biology, and I can attest to her exceptional academic ability, character, and commitment to the medical profession.

From the outset, Creselda distinguished herself through intellectual rigor and a genuine curiosity for science. Her work in her research entitled "A Study on the Morphology of the Old-World Tarantula *Orphnaecus* sp. Negros, Simon, 1892", demonstrated not only mastery of complex concepts but also the ability to apply knowledge creatively and effectively. Beyond academic excellence, they consistently showed resilience, discipline, and an eagerness to learn — qualities essential for success in medicine.

Equally impressive is Creselda's compassion and ethical awareness. Whether engaging with peers, or community members, she approaches others with empathy and respect. Her sense of responsibility reflects a deep commitment to service and a clear understanding of the responsibilities that come with a medical career.

Finally, Creselda possesses the leadership and collaborative skills that make her a valuable member of any team. She contributes thoughtfully, listens attentively, and inspires those around her to strive for excellence. I am confident that she will thrive in the demanding environment of medical school and emerge as a physician who combines knowledge with humanity.

Please feel free to contact me at estevenanacar@su.edu.ph should you require further information.

Sincerely,

Esteven Theodore A. Nacar
Faculty, Biology Department
Silliman University